



# EQUESTRIA<sup>®</sup> THERAPEUTIC RIDING PROGRAM FOR CHILDREN WITH SPECIAL NEEDS

Dear Parent :

Thank you for your interest in having your child participate in the EQUESTRIA<sup>®</sup> Therapeutic Riding Program For Children With Special Needs.

Enclosed with this letter you will find 3 forms.

**Please fill out the forms titled :**

- 1/ Questionnaire for parents who would like their child to be a student in the EQUESTRIA Therapeutic Riding Program For Children With Special Needs.
- 2/ New York Therapeutic Riding Center Registration and Release Form.

**Please have your child's Physician fill out the form titled :**

**Rider's Medical History and Physician's Statement**

If you need assistance in filling out these forms, call or email the Equestria Administrative Offices at the below provided phone number or email address.

**In addition to these forms, please provide :**

- 1/ A letter stating why you believe the EQUESTRIA Therapeutic Riding Program would be beneficial to your child.
- 2/ A photograph of your child.



## **VERY IMPORTANT :**

Please mail by USPS completed forms along with your letter and child's photograph to:  
New York Therapeutic Riding Center  
336 East 71 Street / 3D, New York, NY 10021

To call us or send by Fax : (212) 535-3917

To send by email : [programinfo@equestria.nyc](mailto:programinfo@equestria.nyc)

*Please keep a copy of your completed forms, your letter and all support materials for your records*

**STUDENT APPLICATION FORMS**





Questionnaire for parents who would like their child to be a student in the Equestria®  
Therapeutic Riding Program For Children With Special Needs

(PLEASE PRINT)

1/ A: Name Of Child : \_\_\_\_\_

B: Name(s) Of Parent(s) : \_\_\_\_\_

2/ Address (Street / City / State / ZIP) : \_\_\_\_\_  
\_\_\_\_\_

3/ Tel. Numbers : Home : (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Work : (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Cell : (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email : \_\_\_\_\_

4/ Age Of Child : \_\_\_\_\_ Child's Date Of Birth : \_\_\_\_ / \_\_\_\_ / \_\_\_\_

5/ Sex Of Child : Male  | Female

6/ Weight Of Child : \_\_\_\_\_ lbs \_\_\_\_\_ oz Height Of Child : \_\_\_\_\_ ft \_\_\_\_\_ in

7/ A: Primary Disability Of Child : \_\_\_\_\_

B :Secondary Disability Of Child : \_\_\_\_\_

8/ A :Can your child walk independently : Yes  No

B :If no, what mobility aids are used by the child : \_\_\_\_\_  
\_\_\_\_\_

9/ Is your child verbal? Yes  No

If no, is child learning sign language? Yes  No

10/ A: Does your child have any allergies? Yes  No

B: If yes, what are the allergies? \_\_\_\_\_

C: Can the allergies be controlled by medication? Yes  No

11/ Is your child afraid of animals? Yes  No

12/ School attended by your child:

A: Name of school : \_\_\_\_\_

B: Location of School : \_\_\_\_\_

C: Public School  (or) Private School

D: Times of the day that your child attends school : \_\_\_\_\_

13/ Type of sports, recreational activities that your child participates in : \_\_\_\_\_  
\_\_\_\_\_

14/ Does your child get : Physical Therapy: Yes  No

Occupational therapy : Yes  No



**Questionnaire for parents who would like their child to be a student in the Equestria®  
Therapeutic Riding Program For Children With Special Needs**

**(PLEASE PRINT)**

**15/ Your Child's Physician :**

**A: Name :** \_\_\_\_\_

**B: Telephone Number :** (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

**C: Pediatrician :** Yes  No

**D: Other Specialty - Type of Specialty :** \_\_\_\_\_

\_\_\_\_\_

**16/ A: Does your child have health insurance coverage :** Yes  No

**B: If "Yes", what is the name of the insurance company :**

\_\_\_\_\_

**17/ Does your child receive Medicaid or SSI? Yes  No**

**18/ Medicaid Service Coordinator :**

**A/ Name of child's Medicaid Service Coordinator :** \_\_\_\_\_

**B/ Medicaid Service Coordinator's agency and phone number :** \_\_\_\_\_

\_\_\_\_\_

**19/ In what ways do you think your child would benefit from participating in the Equestria  
Therapeutic Riding Program For Children With Special Needs?**

\_\_\_\_\_

\_\_\_\_\_

**20/ Does your child live in private housing  or public housing  ?**

**21/ Occupation of parent(s):** \_\_\_\_\_

**22/ Income level of parent(s) :** A/ \$40,000 - \$69,000  B/ \$70,000 - \$99,000  C/ Over \$100,000

**23/ Who would bring your child to the Equestria Therapeutic Riding Program classes?**

\_\_\_\_\_

**24/ What type of transportation would be used for your child's travel to the Equestria Program?**

Subway  Bus  Access-A-Ride  Private Car

**25/ What days of the week would your child be available to participate in the Equestria After-School  
Therapeutic Riding Program?**

Monday  Tuesday  Wednesday  Thursday  Friday

\_\_\_\_\_  
*Signature Of Parent*

\_\_\_\_\_  
*Date*



*Therapeutic Horseback Riding For People With Disabilities*

## Registration & Release Form

### Registration

Name of Child : \_\_\_\_\_ Date of Birth : \_\_\_ / \_\_\_ / \_\_\_ Age: \_\_\_\_\_

Name(s) of Parent(s) : \_\_\_\_\_

Address (Street/City/State/Zip) : \_\_\_\_\_

Tel. Numbers : Home Phone :\_(\_\_\_\_\_)\_\_\_\_\_ - \_\_\_\_\_ Work Phone :\_(\_\_\_\_\_)\_\_\_\_\_ - \_\_\_\_\_

Cell :\_(\_\_\_\_\_)\_\_\_\_\_ - \_\_\_\_\_ Email : \_\_\_\_\_

School or Institution Child is attending : \_\_\_\_\_

In case of emergency contact : \_\_\_\_\_ Phone : \_\_\_\_\_

Alternate contact : \_\_\_\_\_ Phone : \_\_\_\_\_

**Liability Release** : Child's Name *(First)* \_\_\_\_\_ *(Last)* \_\_\_\_\_  
would like to participate in the Equestria Therapeutic Riding Program For Children With Special Needs. I acknowledge the risks and potential of risks for horseback riding. However, I feel that the possible benefits to my child are greater than the risk assumed. I hereby, intending to be legally bound, for myself, my heirs and assigns, executors or administrators, waive and release forever all claims for damages against the New York Therapeutic Riding Center, its Board of Directors, Instructors, Therapists, Aides, Volunteers and/or Employees for any and all injuries and/or losses my child may sustain while participating in the Equestria Therapeutic Riding Program.

Date : \_\_\_\_\_ Signature : \_\_\_\_\_

*Parent or Guardian*

**Audio/Visual/Video Release** : I hereby consent to and authorize the use and reproduction by the New York Therapeutic Riding Center of any and all photographs and other audiovisual materials taken of my child, which would include : myself (wife/husband/support staff/relative), for promotional printed material (or Publication), web site, educational activities or for any other use for the benefit of the New York Therapeutic Riding Center and the Equestria Program.

Date : \_\_\_\_\_ Signature : \_\_\_\_\_

*Parent or Guardian*



**Equestria® Therapeutic Riding Program For Children With Special Needs**



# Rider's Medical History and Physician's Statement

*To be completed annually*

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

**\*\* For Persons with Down Syndrome**

Negative Cervical Xray for Atlantoaxial Instability Xray date: \_\_\_\_\_

Negative for clinical symptoms of Atlantoaxial Instability

Tetanus Shot  Yes  No Date: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Seizure Type: \_\_\_\_\_ Controlled: \_\_\_\_\_ Date of last seizure: \_\_\_\_\_

Medications: \_\_\_\_\_

Please indicate if patient has a problem and/or surgeries in any of the following areas by checking "Yes" or "No". If "Yes" please comment.

Areas	Yes	No	Comments
Auditory			
Visual			
Speech			
Cardiac			
Circulatory			
Pulmonary			
Neurological			
Muscular			
Orthopedic			
Allergies			
Learning Disability			
Mental Impairment			
Psychological Impairment			
Other			

Mobility : Independent Ambulation  Yes  No Crutches  Yes  No Braces  Yes  No

Wheelchair  Yes  No Please indicate any special precautions: \_\_\_\_\_

To my knowledge there is no reason why this person cannot participate in supervised equestrian activities. However, I understand that the New York Therapeutic Center will weigh the medical information above against the existing precautions and contraindications. I concur with a review of this person's abilities/limitations by a licensed/credentialed health professional (e.g. PT, OT, Speech, Psychologist, etc.) in the implementing of an effective equestrian program.

Physician Name (please print): \_\_\_\_\_

Physician Signature: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Date: \_\_\_\_\_



# Rider's Medical History and Physician's Statement

*To be completed annually*

## Information for Physician

The following conditions, if present, may represent precautions or contraindications to therapeutic horseback riding. Therefore when completing this form, please note whether these conditions are present, and to what degree.

### Orthopedic

- Spinal Fusion
- Spinal Instabilities/Abnormalities
- Atlantoaxial Instabilities
- Scoliosis
- Kyphosis
- Lordosis
- Hip Subluxation and Dislocation
- Osteoporosis
- Pathologic Fractures
- Coxas Arthrosis
- Heterotopic Ossification
- Osteogenesis Imperfecta
- Cranial Deficits
- Spinal Orthoses
- Internal Spinal Stabilization Devices

### Neurological

- Hydrocephalus/shunt
- Spina Bifida
- Tethered Cord
- Chiari II Malformation
- Hydromyelia
- Paralysis due to Spinal Cord Injury
- Seizure Disorders

### Medical/Surgical

- Allergies
- Cancer
- Poor Endurance
- Recent Surgery
- Diabetes
- Peripheral Vascular Disease
- Varicose Veins
- Hemophilia
- Hypertension
- Serious Heart Condition
- Stroke (Cerebrovascular Accident)

### Secondary Concerns

- Behavior problems
- Acute exacerbation of chronic disorder
- Indwelling catheter

**Please provide relevant information for any of the conditions checked above:**

---

---

---

---

